6	14 th November	The Sacraments of Healing
		 Reconciliation (Confession): The sacrament of forgiveness Anointing of the Sick: Healing and comfort in illness
7	21st November	The Sacraments of Vocation
		 Marriage: A sacrament of love and family life Holy Orders: Priesthood and religious vocations
8	28 th November	The Creed: Summary of Catholic Beliefs
		 The Nicene and Apostles' Creeds The mysteries of faith (Incarnation, Resurrection, Ascension)
9	12 th December	The Moral Life: Catholic Ethics and Commandments
		 The Ten Commandments and their application The Beatitudes: Living a life of virtue Understanding sin, grace, and free will
10	16 th January	Prayer and Spirituality
		 Different forms of Catholic prayer (Personal, Communal, Liturgical) The Rosary, Lectio Divina, and other devotional practices Developing a personal relationship with God through prayer
11	13 th February	The Role of Mary and the Saints
		 Mary's role in salvation history Understanding the Communion of Saints The intercession of saints and their examples of holiness